

Title of the task

80 Max points of the task

Working environment: A customer in home care in a block of flats

You'll work in home care. Your task is to make a home visit to a customer.

Background of the customer:

The customer is a 70-year-old Mrs Anna Johansson who moved along with her daughter back to Finland after her husband died ten years ago. The family lived in Norway for 35 years. Lady used to work in the fish factory.

As a consequence of consuming alcohol beverages she has had some memory lapses. The physical mobility is good. About a year ago Mrs Johansson got a heart attack, the consequence of which is a mild heart failure. In addition, she has recently been discovered an adult-onset diabetes, to which no medical treatment has been started. Mrs Johansson is living by herself in her block of flats where there are all modern conveniences. She has got a male friend of the same age from Haaparanta.

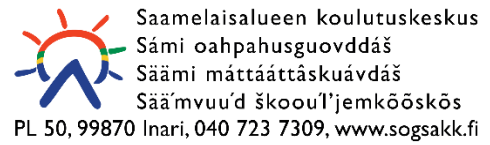
The current medication of the client:

- Marevan 3 mg according to a separate instruction
- Emconcor 5mg 1x1

The task to accomplish:

The daughter of the client has asked the home care to make a home visit because she is worried about the consumption of the alcohol of her mother, taking of the pills, eating habits, controlling the blood sugar and physical exercise. Mrs Johansson has not belonged to the home service circle before. You'll go to the client's home for the first time and the client knows about your coming. Your task is to map:

- The general condition of the client and the readiness to self-care
- The tidiness of the flat and the safety
- The needs for the treatment and caring, eating habits, the consumption of the alcohol and physical exercise among other things.
- The concern connected to the medical treatment, to check that Lady has remembered to take her medication
- The treatment concerning the adult-onset diabetes



The oral planning of the task, which the judges listen to and evaluate: 10 min.

The accomplishment of the action: 45 min.

Self-assessment: 5 min.